

# woodcrest college

2009 senior menu – term 1

## sandwiches / gourmet rolls / wraps

meat only	\$3.00
meat & 1 salad item	\$3.30
meat & 2 salad items	\$3.60
meat & 3 salad items	\$3.90
meat & 4 salad items	\$4.20
5 salad items	\$3.50

### available fillings:-

(roast chicken, sliced ham, salami, roast beef, corned beef, tuna, salmon, alfalfa, cheese, tomato, carrot, lettuce, cucumber)

baguette, crusty rolls (assort. fillings.)	\$5.00
gourmet wraps (cold)	\$4.60

### extras

pineapple / avocado / cheese	\$0.50
extra salad items (each)	\$0.30
condiments (extra)	\$0.10
(pickles, mustard, toasting, cranberry sauce, cream cheese, onion)	
sushi roll	\$2.80 or
(tuna salad, sweet chilli chicken, karaage roll, teriyaki roll, sweet chilli prawn, hot tuna)	2 for \$5.50
fruit salad tub (300ml)	\$2.60
jelly cup	\$1.30
jelly cup <u>w</u> custard	\$1.50
thai beef salad	\$5.00
caesar salad	\$4.30
caesar salad <u>w</u> chicken	\$5.00

## snacks

homemade yoghurt (small)	\$1.10
homemade yoghurt (large)	\$2.20
yoghurt	\$2.20
cookie (35g)	\$1.10
sweet muffins (60g)	\$2.00
homemade yoghurt smoothie	\$3.00
small crisps	\$1.30

## ice creams

frozen yoghurt	\$2.20
quelch fruit ice sticks	\$0.70
frozen juice cups	\$0.90

## hot foods

chicken caesar wrap	\$4.80
sweet chilli chicken wrap	\$4.80
thai beef wrap	\$4.80
hash brown triangle (3)	\$2.00
door stopper toasties	\$3.40
thick cut raisin toast	\$1.20
half jaffle toastie	\$1.50
meatballs (cup 10)	\$3.20
meatball sub	\$3.30
hamburger <u>w</u> salad	\$3.40
cheeseburger	\$3.20
hot dog	\$2.80
cheese dog	\$3.00
bacon & cheese dog	\$3.30
tortellini	\$3.70
pasta bolognaise	\$3.70
mini pizza	\$2.20
woodcrest pizza	\$4.50
(meat lovers, hawaiian, bbq chicken)	
chicken & corn roll	\$1.60
rounders	\$2.20
beef pie	\$3.00
hot chicken & mayo roll	\$3.20
sausage roll	\$2.20
vegetable sausage roll	\$2.30

## drinks

small flavoured milk	\$2.20
large flavoured milk	\$3.40
300ml plain milk	\$1.30
600ml plain milk	\$2.20
pump flavoured water	\$3.30
500ml nestea	\$3.30
popper 100% juice	\$1.70
350ml 100% juice	\$2.30
300ml fuze	\$2.20
400ml water	\$1.80
600ml water	\$2.20
1lt water	\$2.70
1.5lt water	\$3.20
200ml gatorade	\$1.70

low fat meat products & cheese are used in all menu items

bakery items on menu are "smart choices" approved.