



# YMCA Woodcrest Outside School Hours Care Family Information Pack 2022

[YMCACHILDCARE.COM.AU](http://YMCACHILDCARE.COM.AU)



Hello!



# Welcome to YMCA OSHC

*Dear Parent / Guardian,*

The YMCA Outside School Hours Care is conveniently located within your school grounds. We hope you choose to become part of our community and we look forward to learning about your family. As a service we strive to ensure all young people are provided with opportunities to belong, learn, grow and be happy.



## Our Team

YMCA OSHC educators demonstrate a shared commitment to fostering professional, harmonious relationships amongst themselves and with children to ensure the environment meets the play and care needs for school age children. Our educators understand that to be successful and achieve the highest of service standards, everyone communicates openly, shares knowledge, embraces diversity and demonstrates mutual respect and professional ethics.



## Our Program

Our program is developed according to the My Time Our Place Framework and is centralised around the elements of Belonging, Being and Becoming. Through our program we have created an environment which is safe, inclusive, diverse, engaging and fun. By learning through play, our children are encouraged to discover and explore their world and cultivate a sense of self. We believe all children are born with the desire and ability to develop, learn and explore and deserve to have opportunities and experiences that challenge their diverse needs.



## Our Service

Our services are operated by qualified and experienced educators that are supported by a professional, highly dedicated Management and Administration team. The stability and quality offered by the support of YMCA Brisbane, including over 150 years of experience and 35+ OSHC services, guarantees every child is given the opportunity to grow in body, mind and spirit.

We look forward to seeing you in our service very soon.

All service contact and enrolment details can be found on our website, [ymcachildcare.com.au](http://ymcachildcare.com.au)

Kind Regards,  
YMCA Outside School Hours Care  
Management Team





# Woodcrest OSHC

Located inside Woodcrest State College  
38 Nev Smith Drive  
Springfield, QLD 4300

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## Hours of Operation

**Before School Care:** 6:30am - 8:40am

**After School Care:** 2:50pm - 6:30pm

**Vacation Care:** 6:30am - 6:30pm

\*

## Contact Details

**Mobile:** 0476 897 956

**Email:** [awc@ymcabrisbane.org](mailto:awc@ymcabrisbane.org)

# ② How to Enrol at YMCA OSHC

We are very excited to inform you that our service has a fantastic online Booking and Waitlist management program called QK Enrol. This program will give you access to manage your own account information, where you will have the ability to make booking requests and allow you to complete and submit an online enrolment form for your child. You can do this and much, much more all within a parent portal called **'My Family Lounge'**.

You will also have the flexibility of booking in casual days and report absences for your child straight from your phone with just a few taps by downloading the My Family Lounge App!

- ***What can I do in My Family Lounge?***

- You can easily register your child's details and manage your account information
- You can submit a waitlist request for your child to secure a permanent spot
- Request change of days
- You can easily provide detailed information about your child to our service such as medical information, diet requirements, emergency contact details and more! All this information is simply added into the online enrolment form and submitted to the service.

- ***What can I do in My Family Lounge App?***

- Book in casual days for your child straight from your phone
- Access an online calendar where you can see live availability within our service.
- Manage bookings for one or more children from a single log in
- Record your child as 'absent' in advance for a permanent session
- Cancel a 'casual day' where the session is no longer required within the cancellation period.
- Activate notification Alerts!



## OUTSIDE SCHOOL HOURS CARE

- **To register into My Family Lounge please follow the steps below.**
  1. Visit our YMCA OSHC website:  
<https://www.ymcachildcare.com.au/outside-school-hours-care>
  2. Find your Service
  3. Set up your My Family Lounge account using your email and password.

A screenshot of the 'my FAMILY Lounge' website's parent sign-in page. The logo at the top features a green splat with 'my' inside, followed by 'FAMILY' in large grey letters and 'Lounge' in smaller green letters. Below the logo, the text 'Parent Sign-In' is displayed. There are two input fields: 'Email' and 'Password'. At the bottom, there are two buttons: 'Sign-In' and 'Register'.

- **How do I log in?**

Once your details have been registered with the My Family Lounge, you will receive a welcome email where you will be prompted to complete your registration and set up a password. You will have 7 days to set up your password to validate your account.

If your account expires or you have forgotten your password, simply enter in your email address and select '**forgotten password**' to recover your account. Once you have validated your account, you can submit your enrollment form and make your bookings.



The 'My Family Lounge' App can be downloaded from Google Play or App Store. Enter your email address and password, then you can start to request casual days or mark your child absent when required. Your My Family Lounge log in details will travel with you for life as you move childcare services that use My Family Lounge.

For further assistance please contact your Service Coordinator.



**SOMETHING'S COME UP  
AND YOU NEED TO  
QUICKLY BOOK YOUR  
CHILD IN CARE FOR  
A DAY ?**



**DOWNLOAD THE FREE MY  
FAMILY LOUNGE APP,  
SELECT DAYS FROM A  
SIMPLE CALENDAR MENU  
AND BOOK **IN STRAIGHT  
FROM YOUR PHONE!****

Once you have enrolled with the YMCA you will receive a welcome email with your My Family Lounge parent portal log in detail. This will enable you to log in and request bookings for your child so remember to check your junk emails.

Speak to your Coordinator for more information.

### **Download the App**



## YMCA Woodcrest OSHC Fee Schedule

07-573

Session	Full Fee per Child	Casual Fee per Child
Before School Care	\$17.50	\$22.50
After School Care	\$22.50	\$27.50
Vacation Care	\$52.00	\$62.00
Incursion	\$67.00	\$77.00
Excursion	\$77.00	\$87.00

**Permanent Booking** – Is a consistent booking that occurs on a regular basis for the same days each week. If bookings are requested with two weeks' notice or more from the date of attendance, they will be classified and charged at the permanent (full fee) rate.

**Casual Booking** - Is a booking that can be made at any time, casual bookings are subject to availability. If bookings are requested less than two weeks from the date of attendance, they will be classified and charged at the casual rate.

\*Breakfast is provided for Before School Care, Afternoon Tea is provided for After School Care.

\*\*Breakfast, Morning Tea and Afternoon Tea is provided for Vacation Care

### BOOKINGS AND CANCELLATIONS

Bookings, cancellations and any changes in booking requirements are essential and **must** be in writing via the enrolment form, change of booking slip (located at each service), email, text message or Storypark Manage. This is a requirement in order to comply with Child Care Subsidy (CCS) Regulations.

Casual bookings will only be available where and when vacancies occur. If you cancel a casual booked session, the casual fees rate will still be charged for the cancellation.

Advice of a booking cancellation must be received at the service at least 48 hours prior to the booking. If no cancellation is received or cancellation is made after the specified time the session fee will be invoiced. If additional bookings are made, or bookings are cancelled after the weekly invoice has been issued, the following weeks invoice will reflect these changes. Fees are payable for all permanent booked days including sick days as per Australian Government Department of Education guidelines. Fees are not charged for public holidays.

### PAYMENT OF FEES

Invoices will be issued on a Monday and will include 1 week in advance. CCS will not be applied until the parent confirms the child's attendance and the current booking pattern on their **MyGov** account. Until parents confirm these attendance details, they will be required to pay **FULL FEES**.

Families must provide an email address for invoices to be sent. If an email address has not been provided a hard copy will be made available at the service. If families do not receive an invoice, it is the parents/guardians responsibility to inform the service staff.

Non-receipt of invoice will not be accepted as a reason for non-payment of an account.

Full payment of the invoice is required by close of business Friday. This can be by Direct Debit (Third party direct debit company), B-payment or Pay Now option in family app.

### PAYMENT OPTIONS

**Direct Debit:** We request that parents/guardians utilise Quick Pay for the payment of fees. Direct debit payments are scheduled to be deducted every Thursday.

**Monthly transactions will not be accepted.**

Direct Debit will withdraw the amount of fees owing on the account on the issued invoice – any amendments will be adjusted in the following week's invoice. Direct Debit payments can be suspended if sufficient time and reason is given but please ensure you contact your service coordinator with your instructions. It is important that you ensure funds are available on a Thursday at the time of processing the transaction or additional charges and dishonour fees will be applied by Quick Pay for any failed transactions. It is a condition of utilising direct debit that you agree to pay any additional fees incurred.

If transactions are dishonoured for 3 instances in a row, account holders will be notified, bookings will be cancelled and the family's account suspended.

Alternatively, accounts can be paid using B-Pay, with Biller Code and unique reference number for your account located on the first page of your invoice or by utilising the "Pay Now" option in the family app. Please note: these payments can take up to three days to appear on your account.

### OVERDUE ACCOUNTS

As a non-profit organisation YMCA OSHC services rely on prompt payment of fees to ensure they remain viable, pay staff and run our many other assistance programs in wider the community.

Accounts are due by Close of Business Friday.

Accounts remaining unpaid and are 21 days in arrears will receive a notice of suspension. Once an account is suspended further bookings will be not be possible until the account is paid in full.

If accounts become in arrears whilst paying by B-Pay, or the Pay Now option, families will be required to use direct debit, and if accounts remain unpaid for two consecutive transactions, bookings will be automatically suspended and continuing enrolment reviewed. Any accounts remaining unpaid will be forwarded to the debt collectors with further fees and charges added and no further bookings will be possible.

YMCA Management acknowledge that from time to time families may experience financial hardship. It is imperative that any families experiencing financial hardship make contact with the service Coordinator to arrange a confidential meeting to discuss their individual circumstances.

## CHILD CARE SUBSIDY –CCS

In order to be eligible for CCS, families must complete their eligibility requirement through their **MyGov** account. The person who is claiming CCS must confirm the enrolment on their MyGov account if they agree the details are correct. Families can dispute the details of the enrolment if they believe they do not reflect the agreed arrangement with their provider, or reject the enrolment if the child is not enrolled at the service.

CCS may be reclaimed by Centrelink at any point of your enrolment for the current financial year from a provider. If this occurs parents are liable for payment of full fees and any debts incurred. All CCS Enrolments will be submitted as a CWA, unless another enrolment type is discussed with the service Coordinator. The CCS Enrolment types available are:

**Complying Written Arrangement CWA** – this arrangement applies to families wanting to claim CCS and applies to the majority of families.

**Relevant Arrangement RA** - this arrangement applies to families who never want to claim CCS.

**Arrangement with a third party AO** – this is an arrangement made with the family for a third party to be made liable to pay child care fees.

**Child well-being (ACCS/PEA)** – this enrolment type is relevant for children who do not have an identifiable CRN holder/Guardian and are under Additional Child Care Subsidy

A permanent booking arrangement is the same days required weekly or fortnightly. Casual sessions are whenever the parent wants to book a session of care. Parents are encouraged to indicate both a permanent and casual booking arrangement otherwise if casual care is required on a day outside of their routine care arrangements indicated on the enrolment form CCS will not be applied to that day.

## CEASED CCS ENROLMENTS 14 week rule

Under the CCS system if a child does not attend a session of care at the service for a period of fourteen continuous weeks, Centrelink automatically ceases their CCS enrolment.

When an enrolment is ceased and if the child was marked as absent for their last sessions of care at a service, CCS is not payable for these absences and Centrelink will recover any CCS paid for these days from the service. The service will then need to recover any outstanding money from the family.

When or if your child returns to care after fourteen week's you will need to re-establish in writing your care requirements with the service coordinator. The service will then submit a new CCS enrolment for your child.

You must then approve these changes through your MyGov account. Child Care Subsidy is also not paid for absences submitted before the child's first physical day of attendance at the service under a new enrolment.

If CCS is paid for any of these days and at a later date is recovered by Centrelink we will require the account holder to pay any short fall in fees.

## 42 ALLOWABLE ABSENCES – as per Family Assistance Law

The CCS portion of fees will still be paid by Centrelink for up to 42 absence days **per child (not each claimant)**, per financial year, and can be taken for any reason. Service fees still apply to absences unless cancellation advised in required time. If children, their siblings or a parent is sick and can supply a doctors certificate to cover the absent days, these day will then be classified as "Additional Absences" and will not be counted towards the 42 days.

**Once a child's 42 initial absence days have been exhausted, CCS will not be paid and full fees will apply.**

The CCS portion of fees will still be paid by Centrelink for up to 42 absence days **per child (not each CRN Holder)**, per financial year, and can be taken for any reason. Service fees still apply to absences unless cancellation advised in required time. Once 42 absence days have occurred in a financial year, Child Care Subsidy can only be paid for any additional absences where they are taken for a reason set out in Family Assistance Law. These reasons are:

- The child, the individual who cares for the child, the individual's partner or another person with whom the child lives with is ill and the service has been given a medical certificate by a medical practitioner.
- The child is attending preschool.
- Alternative arrangements have been made on a pupil-free day.
- The child has not been immunised against an infectious disease, the absence occurs during an immunisation grace period and a medical practitioner has certified that exposure to the infectious disease would pose a health risk to the child.
- The absence is because the child is spending time with a person other than the individual who is their usual carer as required by a court order or a parenting plan, and the service has a copy of the relevant court order or parenting plan for the child.
- The service is closed as a direct result of a period of local emergency.
- The child cannot attend because of a local emergency (for example, because they are unable to travel to the service), during the period of the emergency or up to 28 days afterwards.
- The individual who cares for the child has decided the child should not attend the service for up to seven days immediately following the end of a period of local emergency.



# SAFEGUARDING CHILDREN AND YOUNG PEOPLE At The Y

The safety and well-being of children and young people is our highest priority at the YMCA. The more that child protection is discussed in the community, the greater awareness levels are developed. The below information helps everyone in our community to increase their awareness and to help protect children and young people from any form of harm or abuse.



## MESSAGE FROM OUR CEO, **ALAN BRAY**

*Our vision at the YMCA is for everyone to have the opportunity to be healthy, happy and fulfil their potential. Our YMCA has a unique opportunity to achieve this as we are entrusted to care for thousands of children and young people every day in our recreation centres, outside school hours care, family day care and long day care services.*

*Our YMCA has developed strong processes and procedures to help keep children and young people safe. We have clear policies, stringent employment procedures including Working with Children Checks, as well as regular staff training.*

*We are committed and serious about our obligation to ensure the safety of children and young people in the YMCA. As a responsible adult, please join me in speaking out and taking action to keep our community safe.*

## OUTSIDE SCHOOL HOURS CARE



### A SAFE ENVIRONMENT

At the YMCA we employ suitably qualified staff to supervise, care for and educate children and young people across all of our programs and services. We strive always, to act in the best interests of children and young people who are entrusted to our care and take all reasonable steps to ensure their safety. Above all, we are committed to providing an environment where everyone is protected from any form of abuse or mistreatment.

The YMCA is very proud to have achieved accreditation as a child safe organisation through the Australian Childhood Foundation, following an independent and comprehensive review of our organisational policies and procedures. The program is a unique voluntary accreditation scheme for organisations who have a duty of care to children and young people whilst delivering a service or activity to them and/or their families. The program systematically builds the capacity of organisations to keep children and young people safe from abuse.

### SAFEGUARDING CHILDREN AND YOUNG PEOPLE FRAMEWORK

The YMCA has a culture of awareness and vigilance supported by:

- Staff and volunteer screening, training and code of conduct
- Clear documented policies and procedures
- Incident reporting, management and analysis
- A focus on staff and volunteers documenting any concerns they may have
- A culture of 'if you see something ...say something'
- A consideration of facility design

# OUTSIDE SCHOOL HOURS CARE

## RECRUITMENT PRACTICES

We require that all staff and volunteers undergo an extensive screening process prior to appointment. Successful applicants must:

- Maintain a current Working with Children Check
- Complete a face to face interview
- Pass three reference checks
- Read, understand and sign off on the safeguarding children and young people policy and code of conduct
- Complete the Australian Childhood Foundation's safeguarding children and young people training program



## OUR COMMITMENT TO SAFEGUARDING CHILDREN AND YOUNG PEOPLE

At the YMCA we will:

- Act in accordance with our values of honesty, respect, caring and responsibility
- Respect the rights of children and young people
- Take all complaints and allegations seriously
- Respond to and report any concerns we have about the safety of children and young people
- Ensure all staff and volunteers comply with our Safeguarding Children and Young People policy and code of conduct

## BABYSITTING AND PRIVATE COACHING SERVICES

The YMCA does not support our staff to contact directly with individuals or families outside of the workplace.





# “IF YOU SEE SOMETHING... SAY SOMETHING”

We encourage everyone to speak up and report suspected child abuse.

If there are concerns about the safety of a child, young person or vulnerable adult within a YMCA program or facility please report it to the Manager on duty or call **3253 1706** or email **[child.protection@ymcabrisbane.org](mailto:child.protection@ymcabrisbane.org)**.

**If you believe a child or young person is in immediate danger or is in a life-threatening situation, contact the Queensland Police Service immediately by dialling 000.**

If you, or someone you know, would benefit from further information, the following organisations may be able to help.

**Department of Child Safety :1800 811 810**

**Lifeline : 13 11 14**

**Family Violence & Sexual Assault : 1800 737 732**

**Kids Help Line: 1800 551 800**

For further information visit:  
[www.ymcabrisbane.org/about/safeguarding-children.html](http://www.ymcabrisbane.org/about/safeguarding-children.html)



## **YMCA Brisbane**

107 Brunswick St  
Fortitude Valley QLD 4006  
M: 07 3253 1700  
F: 07 3253 1709  
[ymcabrisbane.org](http://ymcabrisbane.org)



IF WE CAN HELP **ONE PERSON**,  
...WE HELP A **FAMILY**

IF WE CAN HELP A **FAMILY**,  
...THEN WE CAN HELP A **COMMUNITY**



## About The Y

### WHY WE EXIST

The YMCA exist to help all people reach their full potential, in Body, Mind and Spirit.

### WHAT WE DO

The YMCA of Brisbane is a vibrant, self-funding charity delivering contemporary programs focused on creating healthier, happier communities.

Established in Brisbane in 1864, the YMCA through its diverse range of programs and services, has a significant ability to positively impact people's lives, strengthen Queensland communities and respond proactively to many of today's biggest challenges.

### MISSION

The YMCA works from a base of Christian values to provide opportunities for all people to grow in body, mind and spirit.

### VALUES

#### HONESTY | CARING | RESPECT | RESPONSIBILITY

All YMCA programs are unique in their design and delivery, being embedded with our core values and developed with community input around our three key areas of focus:

1. Healthy Living
2. Empowering Young People
3. Social Impact



# Healthy Living

## GYMNASTICS

Gymnastics provides an ideal development pathway for young people, incorporating each component of body, mind and spirit. Gymnastics cultivates strength, flexibility, perseverance, self-awareness and self-discipline.

## HEALTH AND FITNESS

A YMCA gym is community, one that seeks to cultivate the happiness which arises from being a positive and valued member of a community and from participating in physical activity.

Recognising that less than 10% of the population actually attend a gym, the YMCA takes health and wellness to the community. Through initiatives such as the YMCA Community Challenge, the YMCA is breaking down barriers to participation and improving the health and education of the community.

The Y Brisbane offers seven fitness centres across Queensland – Bowen Hills, Jamboree Heights, Victoria Point, Gardens Point, Kelvin Grove, Warwick and Bundaberg. We are also one of the largest gymnastics providers in Queensland, with centres in Acacia Ridge, Jamboree Heights, Bowen Hills, Stafford, Victoria Point, Caloundra and Mango Hill.

## CAMPING

YMCA camping is all about challenge and inspiration through adventure. YMCA camp activities focus on the holistic development of self by incorporating body, mind and spirit. The YMCA offers three different camp experiences tailored to achieve each group's selected learning outcomes.



## AQUATICS

Participant in YMCA Swim Lessons become more comfortable and secure around water as they learn about water safety and develop swimming skills. Participants feel a sense of achievement from mastering something they can enjoy the rest of their lives. Small class setting provide opportunities to connect with others in the class and make new friends while increasing physical activity levels.

## HEALTHY EATING

In order to tackle the growing instances of obesity, heart disease and diabetes, the YMCA adopts healthy eating guidelines in each of its programs. A healthy eating program, including private weekly support coaching sessions, is also offered at each of our fitness centres.

# Social Impact

### SCHOOLS' BREAKFAST PROGRAM

The goal of the Schools' Breakfast Program is to provide school children with a real opportunity to make the most of their education. We do this by reducing the number of students disadvantaged by hunger and poor nutrition. The program is free of charge to all children withing participating schools regardless of their socioeconomic status, culture or religion.

### AFFORDABLE HOUSING

Housing affordability is one of the biggest challenges amongst low-income earning Australians, with many people relying on a government pension as their only source if income. The YMCA and the Australian Government have partnered to build two affordable housing complexes in Nerang, and totaling over 100 units, which provide safe, clean and affordable long-term housing.

### FOOD FOR THE HOMELESS

The YMCA has committed to alleviate hunger for homeless and disadvantaged young people by preparing and distributing nutritious pre-packed meals through partner youth agencies.

**GIVING YOUNG PEOPLE A REAL OPPORTUNITY TO SHAPE, DIRECT AND OWN THEIR FUTURES.**



### SPECIALIST OSHC

Because we believe everyone deserves the same opportunity to access age appropriate care, the YMCA provides a Specialist Outside School Hours Care (OSHC) Program.

Specialist OSHC provides youth with a disability with age appropriate care focusing on a range of life skills that reduce future dependence, whilst providing parents and caregivers the opportunity to gain meaningful employment

### SIBLING RECONNECT

YMCA Sibling Reconnect recognises the importance of sibling bonds and works to maintain this vital connection between children separated in Foster Care by providing camping experiences and adventure days. The YMCA focuses on providing organic experiences that all children should be free to enjoy with their siblings.

# Empowering Young People

## CHILD CARE

We value the uniqueness and diversity of young people, and through each of our Child Care programs seek to develop resilience, to support development in body, mind and spirit.

Our diverse range of innovative, fun and safe programs are carefully designed to meet the flexible needs of children and families, and to empower young people to reach their full potential.

The YMCA offers a variety of Child Care services including Centre Based Care, Family Day Care and Outside School Hours Care.

## VOCATIONAL SCHOOLS

The YMCA's Vocational schools provide a positive environment to assist disengaged young people to achieve their full potential through tailored educational studies, accredited training, and life skills.

At the YMCA young people experience student centred programs dedicated to enhancing practical and personal skills, at a pace that ensures school attendance, engagement, and confidence are up kept.

## VOCATIONAL EDUCATION AND TRAINING

As a registered training organisation, the YMCA supports young people from a wide range of backgrounds to gain nationally recognised qualifications that provide real opportunities to gain employment or provide a stepping stone to further education.

## QUEENSLAND YOUTH PARLIAMENT

The YMCA Queensland Youth Parliament is run by young people for young people, and provides an apolitical environment where participants can have their say and engage with community issues as youth representatives.

As well as providing an important link for Youth to influence Government, QYP is a fantastic platform for participants to improve their self-confidence and interpersonal skills through interaction with MPs and participants of varying cultures and opinions.

## YOUTH MENTORING

Completing schooling is one of the most crucial, and sometimes most difficult tasks young people must face. A student's academic outcomes are the building blocks of their career and can have a huge effect throughout their lifetime. Unfortunately, many students face significant obstacles on their path through school and need extra support to prevent them from disengaging from school.

Now in its 14th year, the Youth Mentoring program supports over 60 vulnerable young people through carefully selected matches with adult skilled volunteers over the course of a full school year.



# YMCA in FACTS & FIGURES

- *invented the sports of basketball, volleyball, softball, racquetball and indoor soccer*
- *Opened the first public gym and pioneered aerobics, swimming lessons and pool filtration*
- *Commenced the tradition of wearing a poppy on Remembrance Day*
- *Is the world's largest provider of Child Care*
- *Helped to found Father's Day-holding the world's first in Washington, 1909*
- *Won the Nobel Peace Prize for inspiring the Geneva Convention*



### YMCA OF **BRISBANE**

- Enjoy over 2.5 million program participations a year
- Delivers program and services across more than 180 locations
- Currently owns over \$37 million in net assets
- Has an annual turnover of \$25 million
- Employs over 1000 staff and has over 200 volunteers that support our community programs
- Has operated in Brisbane since 1864
- Enjoys over 900,000 child care visits a year

### YMCA OF **AUSTRALIA**

- Service over 32 million program participations a year
- Deliver programs from over 730 locations via 24 YMCA Associations
- Currently have over 12,000 staff and 3,700 volunteers
- Operate over 176 aquatics facilities

### YMCA OF **AROUND THE WORLD**

- Operate across 119 countries
- Have over 14,000 individual Associations
- Currently service over 58 million members
- Are the largest youth-serving organisation in the world
- Are the second-largest aid provider for developing countries behind the Red Cross



## EVERY COMMUNITY DESERVES A Y

The YMCA understand that lasting meaning full change results from development of the whole person, that is focusing on body, mind and spirit. It is this approach that differentiates the YMCA in its service provision, and has ensured it has remained relevant for the last 150 years

When a young person is homeless or arrives at school hungry, their first priority is not about learning. Striving to help young people meet their fundamental needs first, enables the YMCA to have a significant impact on their education and subsequently offers them a real opportunity to lead fulfilling lives.

When a parent cannot find suitable care for their child with a disability it impacts on their ability to gain meaningful work. Offering specialist OSHC programs enables the YMCA to provide respite to parents and the opportunity to foster the child's independence.

When one of the top 10 child health problems is obesity, the YMCA works hand in hand with families to educate them on how to make healthy lifestyle choices.

When in spite of the evolution of digital social networking there is a growing disconnectedness throughout society, the YMCA offers a second home, a place for people to connect, and to contribute to their community.

## Example of our Programs

	Monday	Tuesday	Wednesday	Thursday	Friday
6:30 - 8:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
6:30 - 7:00	Free choice activities or Yoga, Stretches	Free choice activities or Hopscotch	Free choice activities or Skipping, Handball	Free choice activities or Elastics	Free choice activities or Yoga, Stretches
7:00 - 8:15	<b>Paper Planes:</b> We'll be making amazing jet fighters and flying them in a race around the world	<b>Magazine Collage:</b> Use the recycled magazines from our collage trolley to create your own artwork	<b>Cooking:</b> Help prepare for afternoon tea, we'll be making a special dish from Mexico and learning about the culture	<b>Scarecrow:</b> Our garden needs help to keep the birds away so we'll begin to make an OSHC Scarecrow	<b>Dots and Dashes/Battleships:</b> Not all games need equipment, use your imagination with noting more than paper and pens. What does your ship look like?
	<b>Capture the Flag:</b> Join us on the oval, we'll be capturing the other teams flags	<b>Soccer Compass:</b> Discover north, south, east and west and see which team makes centre first	<b>Ultimate Frisbee:</b> Meet on the oval and test your hand eye coordination skills. Can you guess which team will score the highest?	<b>Cat and Mouse:</b> Does the cat get the mouse or is the mouse too quick for the cat?	<b>Volleyball Championship:</b> Challenge your friends in this fast paced game, who will be the winner?
8:15 - 8:30	<b>Group Time:</b> How was your weekend?	<b>Group Time:</b> General catch, stranger danger.	<b>Group Time:</b> Discuss social activities, what do you do with your friends?	<b>Group Time:</b> Share your personal experiences, family outings	<b>Group Time:</b> Sun safety, what do you have planned for the weekend?
8:30 - 8:45	<b>Prep Group Game:</b> Duck duck goose	<b>Prep Group Game:</b> Musical Statues	<b>Prep Group Game:</b> Heads down, thumbs up	<b>Prep Group Game:</b> Chinese whispers	<b>Prep Group Game:</b> Sleeping lions

**Free choice activities:** (Include, but are not limited to) Board Game, Puzzles, Construction Sets, Instruments, Dramatic Play, Art & Craft, Computer Time - Education Game or Assignment Completion.

## Example of our Programs

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00 - 3:30	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
3:30 - 4:00	Homework Club	Homework Club	Homework Club	Homework Club	Homework Club
3:30 - 5:00	<b>Printing:</b> Whether on textiles or paper we'll use vegetables and foam shapes to create unique patterns	<b>Group Project:</b> We'll begin construction on our mini city using all sorts of materials from the environment and recycled materials	<b>Clay-dough:</b> First we'll make our dough then afterwards create beautiful jewelry and sculptures we'll then bake it ready for painting and decorating	<b>Dream-catchers and dream journals:</b> What did you dream about last night? Make a dream-catcher and journal to help you remember	<b>Bug collage competition:</b> It might be a lady beetle or a scorpion either way we're going to have fun finding materials to create our bugs
	<b>All-in-tag:</b> Try to tag your friends who are standing and crouching but don't get caught tagging whoever has the ball	<b>Keentan:</b> Form into teams, teams will throw the ball to each other but in order to catch, your feet must be off the ground	<b>Dribblers and Robbers:</b> Challenge your dribbling skills and protect the ball while the robbers try to intercept and take it without making body contact	<b>Beat the ball:</b> Form teams and try to beat the ball to the end of the court by adding the numbers your opponents yell out. Its not as easy as it seems	<b>Boundary Pass:</b> Pair up and try to make as many passes as you can in 60 seconds. It gets harder as the boundaries constantly move
	<b>Worm farm/OSHC garden</b>	<b>Cooking:</b> Stuffed baby potatoes	<b>Dance party:</b> Swinging 60's	<b>Cooking:</b> Mini taco bowls	<b>Worm farm/OSHC garden</b>
5:00 - 5:30	<b>Group Game:</b> Celebrity head	<b>Group Game:</b> Goellki (Russia)	<b>Group Game:</b> Head down, thumbs up	<b>Group Game:</b> Red rover	<b>Group Game:</b> Charades
5:30 - 6:00	Free choice activities	Free choice activities	Free choice activities	Free choice activities	Free choice activities

**Free choice activities:** (Include, but are not limited to) Board Game, Puzzles, Construction Sets, Instruments, Dramatic Play, Art & Craft, Computer Time - Education Game or Assignment Completion.



## Example Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Standard	Cereal: Cornflakes, Porridge, Rice Bubbles, Weetbix or Weeties. Toast: Multigrain or Wholemeal Spreads: Vegemite, Honey, Cream Cheese, Butter				
	Drinks	Water or milk	Water or milk	Water or milk	Water or milk	Water or milk
	Choice	Baked Beans or Spaghetti Fruit Salad in Juice Vanilla Yogurt				
Morning Tea	Standard	A Selection of Fruit and Vegetables				
	Drinks	Water	Water	Water	Water	Water
	Choice	Pikelets (V)	Rice or Corn Cakes (GF) with cheese, tomato, vegemite	Toasted Sandwiches with a choice of Ham, Cheese and Tomato	Rice or Corn Cakes (GF) with cheese, tomato, vegemite	

## Example Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Afternoon Tea	Standard	A Selection of Fruit and Vegetables				
	Drinks	Water	Water	Water	Water	Water
	Choice	Sandwiches with fillings such as ham, chicken or corn beef, lettuce, tomato, carrot, beetroot, cucumber, egg, cream cheese LF, vegemite	Rice Cakes and Crackers with Dips (French Onion, Hummus, Bean, Tzatziki) and Lentil Patties (SF, EF, DF)	Sandwiches with fillings such as ham, chicken or corn beef, lettuce, tomato, carrot, beetroot, cucumber, egg, cream cheese LF, vegemite	Fried Rice with Chicken and Ham (CI) or Vegetarian Fried Rice (CI, V)	Sandwiches with fillings such as ham, chicken or corn beef, lettuce, tomato, carrot, beetroot, cucumber, egg, cream cheese LF, vegemite
Cooking Activity		Assorted Sandwiches (CS, EF)	Savoury Muffins (SF)	Hummus, Bean Dip and Tzatziki	Fried Rice	Chocolate Chip Cookies
Codes		<b>V</b> - Vegetarian <b>CC</b> - Community Contribution	<b>LF</b> - Low Fat <b>DF</b> - Dairy Free	<b>EF</b> - Egg Free <b>SF</b> - Soy Free	<b>CI</b> - Cultural Investigation <b>CS</b> - Child Suggested	<b>GF</b> - Gluten Free



## SCHOOL HOLIDAY CLUB

Some of the fun incursions and excursions  
we have at our club:



Making Science Fun

Professor Jelly Bean

Koori Kinnections

Queensland museum

Event Cinemas

Big Bang Education

Magic Glen

Aussie Inflatables

Old Macdonald's farms

\*

*Visit our website or My Family Lounge app  
to make a booking!*





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