



AFL Excellence Program 2024 Expression of Interest



Your student is invited to apply for the AFL Excellence Program.

What is the AFL Program?

The AFL School of Excellence program aims to create active, well rounded and connected young people who excel in AFL and are prepared to overcome challenges, achieve success and positively contribute to their community. The program provides male and female students in Years 7-9 with the opportunity develop their skills and provide a genuine learning pathway in AFL and sports studies through schooling and beyond. Students will undertake AFL as one of their subjects participated in whilst completing their Secondary schooling.

Students in the program will gain access to a high-quality sporting program developed in partnership with AFL Queensland and the Brisbane Lions with recognised accredited AFL coaches and teachers. Student's will study HPE together for the academic year and will be engaged in extra curriculum AFL excursions and activities.

The program focuses on a holistic approach to talent development which is made up of 4 core areas:

1. **Athlete Development:** Enhancement of fundamental skills, fitness, game knowledge and performance habits.
2. **Promoting personal Growth:** Through the development of leadership skills, wellbeing, communication and teamwork.
3. **Community:** Increased participation in the Greater Springfield AFL Community whether it's on the field as a player, or umpire, or off the field as a coach or volunteer at the local AFC club.
4. **Future Pathways:** Students will be provided with a range of career pathways through the practical experience in AFL and related areas such sports performance, sports psychology and nutrition along with the opportunity to gain qualifications in areas such as coaching and umpiring. The AFL program will have direct alignment to senior pathways in the senior phase of learning including Certificate III in Fitness, Physical Education and Sport and Recreation

Extra-Curricular Experiences:

Students will be engaged in a number of experiences from grade 7 to 9 that will help develop the student around our core aims of the program. The possible experiences that the students will have the opportunity to participate in are:

- Participation in competitions such as the AFLQ schools of Excellence Cup and 9 a side Gala Days
- Mentoring by highly qualified coaches supported by AFLQ
- Access to Professional AFL Education Programs including guest speakers on key topics (Training Habits, Sports Psychology, Nutrition, recovery)
- Attend professional game day experiences
- Brighton Home Stadium experiences
- Leadership development and camp
- Strength and conditioning
- Umpiring and coaching qualifications



Expectations:

Before committing to the AFL Excellence Program, it is important that you review the code of conduct with your child to fully understand and be aware of the commitments required to be a successful AFL Excellence student.

Students should demonstrate

- A desire and ability to play AFL
- Maintain a B in effort and behaviour on academic report cards
- Students must maintain an attendance of 90% and provide explanations for any absences
- Abide by the school's behaviour expectations
- Demonstrate sportsmanship and fair play at all times.
- Wear the School Uniform in correct manner at all times. Academy shirts only be worn during training sessions.
- Students are responsible for being on time to school and attend all practice sessions
- Students are expected to participate in all school AFL games and Woodcrest sport carnivals
- All students will be required to sign an agreement and pay \$150 annual fee which includes; training shirt, referee costs, bus levies and the cost of extra-curricular activities. Camp will incur additional costs.

Selection and Application for the Program

- All students interested in applying for the AFL excellence program for 2024 must submit an **Expression of Interest form** located on the school website www.woodcrestsc.eq.edu.au by Tuesday, 12th September, 2023 to Holly Green at hgree112@eq.edu.au.
- All students must complete a **Woodcrest College enrolment enquiry** located under the following pathway on the college website; <https://woodcrestsc.eq.edu.au/enrolments/enrolling-at-our-college/enrolment-enquiry>
- All Year 6 students applying for the program are required to attend a **Trial Day on Thursday, 14th September 2023** from 8.30am to 11am

For further information of enquiries, please contact Holly Green at hgree112@eq.edu.au.

Mrs Michelle Gianotti
Head of Department HPE

Mrs Holly Green
AFL Coordinator/ Head of Department

Mrs Kelsey Oakes
Principal



AFL SCHOOL OF EXCELLENCE PROGRAM EXPRESSION OF INTEREST



This expression of interest will be forwarded to the HPE Head of Department and AFL Excellence Program Coordinator who will be in contact regarding further information.

APPLICATION FORM			
STUDENT DETAILS			
FIRST NAME		SURNAME	
DATE OF BIRTH		GENDER	
ADDRESS			
YEAR LEVEL APPLYING FOR IN 2024 (please circle)	Year 7	Year 8	Year 9
PREVIOUS SCHOOL			
IN WOODCREST SC CATCHMENT (Please circle)	YES	NO	

PARENT DETAILS			
PARENT 1		PARENT 2	
FULL NAME		FULL NAME	
PHONE NUMBER		PHONE NUMBER	
EMAIL		EMAIL	
ADDRESS (if different from student)		ADDRESS (if different from student)	





Personal Statement (All students)

1. Why would you like to be involved in the AFL program at Woodcrest State College?

2. Are you currently involved in your school sporting community? If so what sports do you play or how are you involved?

3. How are you currently involved in the sports community outside of school? If so, what club/ sports do you play.

4. Have you had any leadership roles in school/ club/ community (e.g., Sports captain, school leader)?

Please return expression of Interest to Holly Green at hgree112@eq.edu.au or in person to campus administration.