

**2025**

**ACADEMY HANDBOOK**



**Woodcrest**  
State College  
P-12 Seamless Education

# **NETBALL**

# **ACADEMY**



## CONTACT DETAILS

**Campus Administration Telephone:** 07 3280 2444 and follow the prompts

**Office Hours:** 8.00am - 3.30pm

**Website:** [www.woodcrestsc.eq.edu.au](http://www.woodcrestsc.eq.edu.au)

**Secondary Administration Email:** [secondary.office@woodcrestsc.eq.edu.au](mailto:secondary.office@woodcrestsc.eq.edu.au)

**Finance Email:** [accounts@woodcrestsc.eq.edu.au](mailto:accounts@woodcrestsc.eq.edu.au)

**Sports Coordinator:** Shay Anderson – [sande538@eq.edu.au](mailto:sande538@eq.edu.au)

**HPE HOD:** Michelle Gianotti – [mgian0@eq.edu.au](mailto:mgian0@eq.edu.au)

**Netball Academy Coach:** Kaitlin Pollock – [kmpol0@eq.edu.au](mailto:kmpol0@eq.edu.au)

**Netball Academy Coach:** Ally Ward – [award343@eq.edu.au](mailto:award343@eq.edu.au)



## 2025 NETBALL ACADEMY PROGRAM

We're thrilled to announce some exciting updates to our Netball Academy Program for 2025! Starting next year, participation in the Yagera Netball Gala Day and all Netball friendly matches will be exclusively reserved for Academy students. Our primary goal is to unlock the full potential of each athlete. We're dedicated to not just participating, but excelling in the Yagera District Gala Days, being fiercely competitive at the Met Finals, and pushing for victory in these prestigious events. Get ready for a year of growth, achievement, and unforgettable moments for our Netball Academy students.

Your child has been selected to be a part of Woodcrest State College's 2025 Netball Academy Program. The Academy aims to provide both male and female students in Years 7-12 with the opportunity to develop their Netball skills through structured training sessions and gameplay. The program will participate in fitness and skills training sessions designed to help them become more successful, holistic athletes. Additionally, the Academy provides students with the opportunity to trial and potentially represent Woodcrest State College, Central Comets, Met West, Queensland, or even Australia, by applying the skills and knowledge they gain throughout the program.

# CORE AREAS OF DEVELOPMENT IN THE 2025 NETBALL ACADEMY

The program focuses on a holistic approach to talent development which is made up of 4 core areas:

- 1. Netball Skills (Team and Individual):** Through structured training sessions, students will engage in drills and exercises designed to enhance their fundamental netball skills, including passing, shooting, footwork, and defending. Team-based drills will focus on improving teamwork, communication, and strategic play, while individual drills will help refine personal technique, agility, and accuracy.
- 2. Holistic Athletic Development:** The Academy will emphasize the development of well-rounded athletes by improving mental resilience, nutrition, injury prevention, and recovery. Students will learn how to maintain a balanced lifestyle that supports both their athletic and academic pursuits.
- 3. Competitive Experience:** Participation in various competitions, including gala days, friendly matches, and tournaments will provide students with the opportunity to apply their skills in a competitive environment. These experiences will help students develop game-time decision-making abilities, perform under pressure, and learn from real-world challenges.
- 4. Teamwork and Leadership:** Through collaborative exercises and team-based challenges, students will develop their teamwork and leadership skills. They will be encouraged to take on leadership roles within the team, fostering a sense of responsibility and the ability to inspire and motivate their peers.
- 5. Knowledge of the Game:** Students will participate in practical sessions where they will learn the rules of the game, game strategies, analyse training and game footage and deepen their understanding of Netball.

## ACADEMY FEE

The 2025 Netball Academy fee is set at \$90 per student with a \$45 deposit. An invoice will be generated in line with the school's invoicing procedure. The deposit will be due on the 7th of March (Friday, Week 6) and the remainder of the balance is due by Week 10 of Term 1, 2025. Payment plans are available through Centrepay and BPOINT. If you require a payment plan, please contact our Finance Department by emailing [accounts@woodcrestsc.eq.edu.au](mailto:accounts@woodcrestsc.eq.edu.au) prior to the deposit due date.

If the fee payable is not made by the conclusion of Term 1 or a payment plan is not established, your child will no longer be eligible for the Netball Academy. Additionally, fees must be paid in full, or a payment plan must be established before students can purchase the optional training t-shirt and backpack.

Please note that all fees are non-refundable due to ongoing operational costs. Academy Coaches do their utmost to provide a quality experience, and in the absence of a Gala Day during the year for any reason, they will seek to replace this with an appropriate competition or event.

If your child does not attend training or fails to adhere to the signed players agreement, they may be removed from the program and will not be eligible for a refund.

## ACADEMY INCLUSIONS

Students will have the opportunity to participate in a comprehensive range of activities and events, including the following:

- 2025 Yagera Netball Gala Day Fee and subsequent Met Final Fee/s should teams progress through to the Metropolitan Finals series.
- 1 x Academy Event per term - These events include participation in friendly matches against schools in the district, training session run by guest high performance coach, access to professional athletes/guest speakers on key topics.
- Vicki Wilson Championship Carnival \*A trial process within the academy squad will occur we will nominate 1 team for years 7-9 and 1 team for years 10-12\*.
- Weekly training sessions (court and strength and conditioning) designed to enhance students' netball skills and overall athletic development.
- Pool recovery sessions at Waterworx.
- 2025 Academy Day Out Excursion
- 2025 Academy water bottle and shoe bag.



## 2025 ACADEMY TRAINING T-SHIRT AND BACKPACK

We are excited to offer students an *optional* Academy training t-shirt and backpack for purchase through the Tribal website. These items provide students with the opportunity to represent the Academy with pride during training sessions and events.



# EXPECTATIONS

Before committing to the Netball Academy Program, it is important that you review the code of conduct and terms and conditions with your child to fully understand and be aware of the commitments required to be a successful Netball Academy student.

## Terms and Conditions for the Netball Academy

### 1. **Commitment:**

- The Athlete commits to participating in the Academy for the full academic year.
- The Athlete is required to attend all scheduled practices, games, and Academy-related events, except when excused by the coach or Sports Co-Ordinator.

### 2. **Academic Responsibilities:**

- The Athlete acknowledges that academic obligations take precedence over athletic commitments.
- The Athlete must maintain satisfactory academic progress to remain eligible for the Academy.
- The Athlete is responsible for catching up on any missed academic work if attending an Academy event during school hours.

### 3. **Code of Conduct:**

- The Athlete agrees to uphold the highest standards of sportsmanship on and off the court.
- Respect for coaches, teammates, opponents, officials, and spectators is mandatory.
- The Athlete will avoid any behaviour that could bring disrepute to the College or the Academy.

### 4. **Compliance with Rules and Regulations:**

- The Athlete will adhere to all rules and regulations set forth by the College, the Academy, and relevant governing sports bodies.
- The Academy training shirt must be worn only during training sessions and not during school hours.
- Non-compliance with these regulations may result in disciplinary action, including suspension or dismissal from the Academy.

### 5. **Parent/Guardian Support:**

- The Athlete's parents/guardians agree to support their child's involvement in the Academy and to pay the \$90 Academy fee.
- Communication with coaches and Academy staff should be respectful and constructive.
- Parents/guardians understand that spectators may not be allowed at some games and events and agree to maintain a respectful distance when attendance is permitted, ensuring coaches can effectively manage and coach the students.

### 6. **Termination:**

- The College reserves the right to terminate this agreement if the Athlete does not adhere to the terms and conditions outlined herein.

By acknowledging and agreeing to these terms, students and parents/guardians will contribute to a successful and rewarding experience in the Netball Academy.

# 2025 - NETBALL ACADEMY STUDENT AND PARENT AGREEMENT

## Student Agreement

I hereby acknowledge the following:

### 1. **Commitment:**

- I commit to participating in the Netball Academy for the full academic year.
- I will attend all scheduled practices, games, and Academy-related events, except when excused by the coach or Sports Co-Ordinator.

### 2. **Academic Responsibilities:**

- I acknowledge that academic obligations take precedence over athletic commitments.
- I must maintain satisfactory academic progress to remain eligible for the Academy.
- I am responsible for catching up on any missed academic work if attending an Academy event during school hours.

### 3. **Code of Conduct:**

- I agree to uphold the highest standards of sportsmanship on and off the court.
- Respect for coaches, teammates, opponents, officials, and spectators is mandatory.
- I will avoid any behaviour that could bring disrepute to the College or the Academy.

### 4. **Compliance with Rules and Regulations:**

- I will adhere to all rules and regulations set forth by the College, the Academy, and relevant governing sports bodies.
- The Academy training shirt must be worn only during training sessions and not during school hours.
- Non-compliance with these regulations may result in disciplinary action, including suspension or dismissal from the Academy.

### 5. **General Responsibilities:**

- I will ensure I attend at least 90% of the assigned training sessions.
- I will notify my Academy Coach of any absence from training or competitions via email the evening before or the morning of my absence.
- I will support my Academy team by demonstrating respect, responsibility, resilience, and effective time management.

I, \_\_\_\_\_ (Insert Name) of \_\_\_\_\_ (Insert Year Level),  
acknowledge the above conditions and understand that failure to adhere to these may result in my  
removal from the Netball Academy and preclude further involvement in the future.

Student Signature: \_\_\_\_\_

## Parent Agreement

I give permission for my child \_\_\_\_\_ to participate in the Woodcrest Netball Academy and agree to support the terms of the above student agreement.

I also acknowledge the following:

- All fees (\$90.00) for the Netball Academy are non-refundable. All fees must be paid in full by the conclusion of Term 1, 2025.
- A **\$45 deposit** (deducted from the program fee) is required by **Friday the 7<sup>th</sup> of March, 2025** to secure my child's place in the program and to ensure they are eligible to attend the Netball Gala Day.
- Failure to uphold the expectations of the program may result in my child's removal from the program.
- If my child does not attend training or fails to adhere to the signed student agreement, they may be removed from the program, and they will not be eligible for a refund.
- Communication with coaches and Academy staff should be respectful and constructive.
- I understand that spectators may not be allowed at some games and events and agree to maintain a respectful distance when attendance is permitted, ensuring coaches can effectively manage and coach the students.

Name of Parent/Guardian: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_



**JOIN THE SWARM!**